

Psalm 139 verses 13-14

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

For you created my inmost being;

you knit me together in my mother's womb.

I praise you because I am fearfully

and wonderfully made;

your works are wonderful,

I know that full well.

Matthew 11.28

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

Jesus said, 'Come to me,

all you that are tired

and are carrying heavy weights

and I will give you rest.'

Isaiah 35.2c-6

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

They shall see the glory of the Lord,

the majesty of our God.

Strengthen the weak hands,

and make firm the feeble knees.

Say to those who are of a fearful heart,

‘Be strong, do not fear!

Here is your God.’

Luke 6.27b,28

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

Jesus said, 'Love your enemies,

do good to those who hate you,

bless those who curse you,

pray for those who do you wrong.'

John 8.12

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

Jesus said, 'I am the light of the world.

Whoever follows me

will never walk in darkness

but will have the light of life.'

Jeremiah 29: 11

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

For I know the plans I have for you,”

declares the Lord,

“plans to prosper you

and not to harm you,

plans to give you hope

and a future.”

Joshua 1: 9

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

Have I not commanded you?

Be strong and courageous.

Do not be afraid;

do not be discouraged,

for the Lord your God will be with you

wherever you go.”

John 10:10-11

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

The thief comes only to steal, kill and destroy;

I have come that they may have life,

and have it to the full.

“I am the good shepherd.

The good shepherd lays down his life for the sheep.”

2 Corinthians 4.18

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

We look not at what can be seen -

but at what cannot be seen;

for what can be seen is temporary,

but what cannot be seen is eternal.

Matthew 13:45-46 New International Version

(Please ring any words or phrases that feel particularly important for you. You might like to write a few words about why on the line underneath)

Jesus said: “the kingdom of heaven

is like a merchant looking for fine pearls.

When he found one of great value,

he went away and sold everything he had

and bought it.
