



Is all food good food?



Strength

Let's wonder:

What makes us strong?

- Eating?
- Exercise?
- Learning?

But the Lord is faithful, and he will strengthen you and keep you safe ...

2 Thessalonians 3:3

Lord God,

We all need strength as we grow.

Guard and guide us in our eating, in our exercise and in the learning that we do in our school so that we will become the people you want us to be.

Amen

