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| Year Group | Worldview: Hindu Dharma (Hinduism) | |
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| 6 | | |
| Strand: | Community & Identity (Human and social Science) | |
| Key Question: | What might a Hindu gain from a pilgrimage to India? | |
| Focus of study: | Find out about the range of places that Hindus might visit in India; interview people who have done a pilgrimage; consider the spiritual impact and the sense of community that a pilgrimage might give a believer. | |
| Background information for teachers: | | |

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A **pilgrimage** is a special religious journey that is made for a specific purpose. They are considered important for spiritual progress.

In Hinduism, certain places are considered holy because of a connection with a historical event, a person, or a god. Hindus have many **different sacred places** which are usually linked to **different deities** and many Hindu pilgrimage sites lie along India's rivers, especially the Ganges. For Hindus, bathing in a holy river symbolises the washing away of sin.

Hindus may choose to go on a pilgrimage because:

- They believe it connects them with **Brahman** as they can show their belief in God.
- It is a way of meeting other Hindus who share similar beliefs.
- They believe that people who die in Varanasi can achieve moksha.
- They hope that pilgrimage will make them **blessed** by God and help them to achieve their ultimate goal of **moksha** through their devotion.
- They believe it **strengthens** their relationship with God and draws them closer to God.
- They believe it contributes to their spiritual development, purification and atonement of sins.
- It is an opportunity for **self-reflection**.

Hajj is the Muslim pilgrimage, which it is **compulsory** for Muslims to undertake at least once in their lifetime as long as they are healthy and can afford it. It occurs in the month of Dhul Hijjah which is the twelfth month of the Islamic lunar calendar.

Muslims may choose to go to Hajj because they believe:

- Their sins are forgiven.
- It offers a chance to **start anew** before Allah.
- It brings all Muslims together as one (creates a sense of unity).
- It is **commanded** by Allah.
- Hajj **absolves** pilgrims of all past sins.
- Hajj shows self-discipline and fulfils a religious duty, bringing Muslims closer to Allah.

| Prior learning: | Many Hindus believe in one God, Brahman. |
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| | Brahman is in everything and everywhere. |
| | There are many murtis that express different aspects of Brahman. |
| | Many Hindus see murtis as helping them to focus on different aspects of God. |
| | Deities can come to earth as avatars often to help humans overcome evil. |
| | Hindus worship in the Mandir and at home. |
| | Many Hindus will worship daily , offering prayers and gifts to the Murtis. |
| | Arti and puja often help Hindus to cope with challenges of life. |
| | Worship and meditation form part of daily duties. |
| | Moksha is the ultimate goal within Hinduism, to leave the cycle of rebirth |
| | (samsara) and become one with the God Brahman. |
| | Karma means 'action', and refers to the Hindu law of cause and effect. This is |
| | where the actions of a person, influence the future of that person. |
| | Islam Pilgrimage (Hajj) – Y5 topic |
| Building Blocks: | Pilgrimage to India is not a requirement of Hindu faith but many undertake |
| | one at least once in a lifetime. |
| | There are many destinations for Hindus. |
| | Many of these centres are on the Ganges. |
| | Different deities are venerated in different places; teachers and gurus also |
| | have locations in ashrams and other centres. |
| Outcomes: | I can name and locate some pilgrimage sites for Hindus. |

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| | I can describe what happens at different Hindu nilgrimage sites |
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| | I can describe what happens at different Hindu pilgrimage sites. I can identify and explain some of the reasons why Hindus may choose to go |
| | on a pilgrimage. |
| | I can make comparisons between the pilgrimages of different faiths (Hindu |
| | and Islamic pilgrimages). |
| National Statement of | a, b, c, e, <mark>h</mark> , j, k |
| Entitlement (NSE) | |
| | |
| Resources: | https://www.bbc.co.uk/teach/class-clips-video/religious-studies-ks2-my-life- |
| | my-religion-hinduism-pilgrimage-hinduism/z4ghf4j |
| | https://www.bbc.co.uk/newsround/46892623 (Kumbh Mela) |
| | https://www.bbc.co.uk/programmes/p010x9qx (Varanasi) |
| | http://www.eindiatourism.com/india-pilgrimage/ (Hindu Pilgrim Places) |
| | https://www.worldatlas.com/articles/the-holy-cities-of-hinduism.html (Holy Cities of Hinduism) |
| | https://factsanddetails.com/world/cat55/sub388/item1348.html#chapter-1 |
| | (Hindu Pilgrimage) |
| | https://www.tourmyindia.com/pilgrimage/hindu-pilgrimage-tour.html (Hindu |
| | Pilgrimage Destinations) |
| | https://magikindia.com/the-most-sacred-hindu-pilgrimages-of-india/ |
| | |
| | https://www.bbc.co.uk/teach/class-clips-video/religious-education-ks2-my- |
| | life-my-religion-muslim-pilgrimage-hajj/zndfcqt (Hajj) |
| | https://www.bbc.co.uk/newsround/24566691 (Hajj – Newsround) |
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| | https://islamonline.net/en/pilgrimage-in-different-religions/ |
| Discuss the similarities ar | https://islamonline.net/en/pilgrimage-in-different-religions/ al trips taken, including some pilgrimages from different faiths. and differences between the images. bu make between the images? Can you identify the link between these pictures? |
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| Pupils to present their research to the class and, as a class, discuss what Hindus might gain from these | | |
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| different pilgrimages. | | |
| Lead discussion to exploring how/why a Hindu might gain this. | | |
| Pupils can return to their tra | ivel brochures and add to/amend their work following the discussion. | |
| Invite a Hindu visitor in who | has been on a pilgrimage. Pupils to ask questions about pilgrimage and what a | |
| Hindu might gain from it/wh | nat the visitor feels they have gained from their pilgrimage(s)/what their | |
| community feels they have gained from any pilgrimage(s) they have been on. | | |
| Pupils can again return to their travel brochures and add to/amend their work with anything new they have | | |
| learned after listening to the | e visitor. | |
| Revisit pupils' learning from | the Year 5 Islam topic on Hajj. | |
| Ensure pupils understand that Hajj is a pilgrimage for Muslims. | | |
| | jj – watch the BBC Class Clip/Newsround videos on Hajj as a recap and, if | |
| possible, look back at pupils' work/books from last year and/or invite a Muslim visitor in who has been to | | |
| Hajj who can talk pupils through the steps of the pilgrimage and answer their questions. | | |
| Consider what a Muslim may gain from Hajj. Pose this question to the Muslim visitor if possible. | | |
| | how/why a Muslim might gain this. | |
| | | |
| Discuss the similarities and o | differences between Hindu and Islamic pilgrimages, e.g. Hindus can visit various | |
| pilgrimage sites, whereas Muslims can only visit Makkah (difference). / Both Muslims and Hindus believe | | |
| | on the pilgrimages (similarity). | |
| | AND Muslim visitor in for a second time – pupils can ask both visitors the same | |
| question(s) and hear their d | ifferent answers. They can then draw similarities/differences from the visitors' | |
| responses. | | |
| Evaluate/Assess: | | |
| - | erent 'gains' they have thought of/learned through their research and | |
| questioning the visitor(s) – which gain or benefit would be most important to a Hindu? Why? Which gain | | |
| would be most important to you? Why? | | |
| Compare the identified gain | s from Hindu and Islamic pilgrimage – how are they similar/different? | |
| - | uble bubble map at the front of the classroom (on large paper/on the | |
| whiteboard etc.) – invite pupils up to add their thoughts under the similarities/differences headings. Discuss | | |
| any new suggestions that ar | | |
| | nplete their own comparison tables individually/in small groups. | |
| | Ask pupils the key question at the beginning of the topic – pupils to record | |
| | their initial thoughts/responses, e.g. as a bubble map. | |
| | Revisit the key question at the end of every lesson as a class discussion – | |
| | pupils to add new thoughts/responses in a different colour. | |
| | Revisit the key question when the Hindu visitor is in – is there anything they | |
| | would add to the bubble map? Is there anything pupils would add to the | |
| | bubble map after listening to the visitor? | |
| | Dunile could have individual hubble many in their backs or grants a start | |
| | Pupils could have individual bubble maps in their books or create a class | |
| | bubble map on A3 paper. | |
| | Research produced by pupils and their comparison tables could also be used | |
| | for assessment. | |
| Notes | | |
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