

You are all around me on every side; you protect me with your power. Ps 139:5

Do you have special places that you like to go to?
Are there places that make you feel ...
happy?
joyful?
thoughtful?
sad?

Think about your home or school
Make a 'pathway' or 'pilgrimage' between places
perhaps take some pictures which show the
places and the things that you like to think about
when you are there.

Lord God,
Thank you for our feelings and our emotions.
Help us and be with us as we make our way through life, guide our pathways and always be with our friends.
Amen

Using your pathway, talk to your class about what it is like to move between the different places on the pathway
How do you feel in each place?
What is it like when you move from place to place how do your emotions change?

