

A close-up photograph of two bright red raspberries hanging from a green stem with leaves. The raspberries are in sharp focus against a blurred background of green leaves and other raspberries.

Lord speak to us
that we may hear your word.

He will take care of his flock like
a shepherd;

He will gather the lambs
together and carry them in his
arms;

He will gently lead their
mothers.

Isaiah 40:11

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Something to think about:

- Have you ever seen a farmer holding a tiny lamb?
- Can you think of other tiny animals which we would hold gently?
- Can you think of times when you have been treated in a gentle way?
- Why is being gentle a fruit of the Holy Spirit?

The Lord, the Holy Spirit is
among us
and will help us every day.

Dear Lord,

Thank you that you show us a picture of gentleness to explain how you care for each one of us. Thank you that we can feel your gentle care for us when we open ourselves up to your love. Help us to treat those around us with the same gentleness which you have shown to your people throughout the ages.

Amen