

Lord speak to us

That we may hear your word

A Song of Praise

I waited patiently for the Lord's help; then he listened to me and heard my cry. He pulled me out of a dangerous pit, out of the deadly quicksand. He set me safely on a rock and made me secure.

Psalm 40:1-2

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Something to think about:

- What does it mean for you to be patient?
- When have you needed to be patient?
- In Psalm 40 David says he waited patiently, but did he wait quietly?
- Is it okay to cry out to God when things are difficult?

Dear Lord,

Thank you that you are with us in difficult times and that you promise to hear us when we cry to you for help. Please help us to be patient when things don't happen as quickly as we would like them to. Help us to remember that you are always with us to comfort us in difficult times.

Amen

The Lord, the Holy Spirit is among us

and will help us every day.