

A Prayerful Reflection—the Fruit of the Holy Spirit is Joy

Lord speak to us

That we may hear your word

Jesus said:

‘If you obey my commands, you will remain in my love, just as I have obeyed my Father’s commands and remain in his love. **I have told you this so that my joy may be in you and that your joy may be complete** ... love one another, just as I love you.’

John 15:10-12

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Something to think about:

- What do you think joy is?
- Is joy the same as happiness (or does happiness depend on what happens)?
- Can we have real joy if we don’t love others first?
- What makes you full of joy?

Dear Lord,

Thank you that you want us to live lives full of joy. Help us to see what real joy is for us and for those we love. Help us to share that joy with those around us,

Amen

The Lord, the Holy Spirit is among us
and will help us every day.