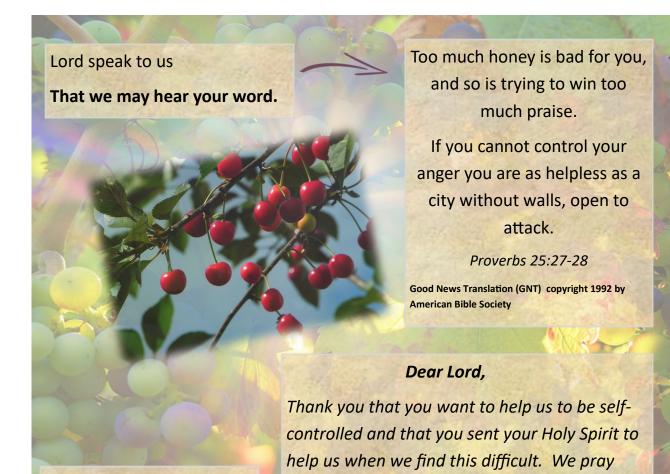
A Prayerful Reflection—the Fruit of the Holy Spirit is Self-control





that you will show us those things which we

need to keep under control in our lives so that

we can grow closer to you and be a blessing to

Something to think about:

- This proverb is about eating too much honey which may seem strange to us.
 What kind of things do we have too much of today, which may be bad for us?
- Do you ever get angry about things?
- Can you control your anger? What happens to those around us if we cannot do this?

those around us.

Amen

The Lord, the Holy Spirit is

and will help us every day.

among us