

A Prayerful Reflection—the Fruit of the Holy Spirit

Lord speak to us

That we may hear your word

... the fruit of the Spirit is
**love, joy, peace,
patience, kindness,
generosity, faithfulness,
gentleness, and
self-control.**

Galatians 5:22-23

New Revised Standard Version
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Something to think about:

- What is your favourite fruit?
- Why are these qualities of character called the fruit of the Spirit?
- Which fruit do you find easy and which do you find difficult to grow in your life?
- Which of these qualities do you think are the most important?

The Lord, the Holy Spirit is among us

and will lead us every day.

Dear Lord,

Thank you for sending your Holy Spirit to be our helper. Help us to remember the difference the fruit of your Holy Spirit can make in our lives and how we live with others every day. We pray for strength to live as you would have us live.

Amen